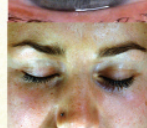
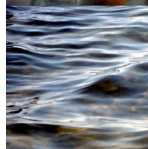




Arms



Breath

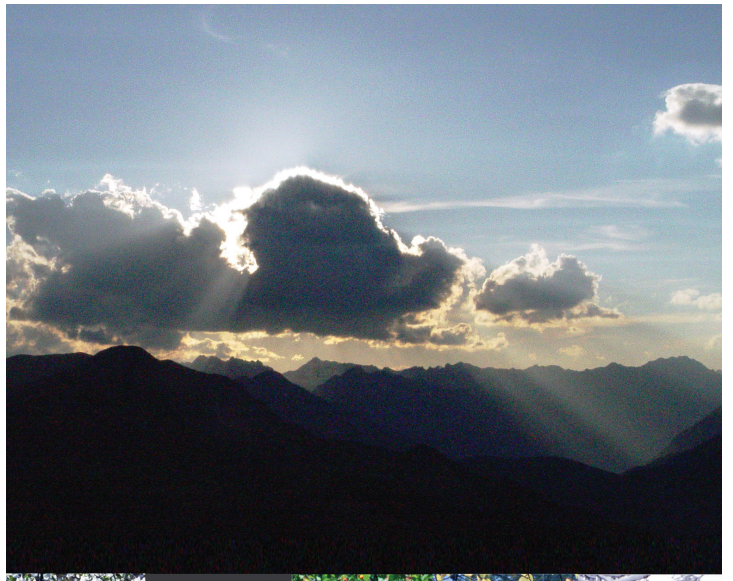


Eyes



Stomach







Pelvis



Legs

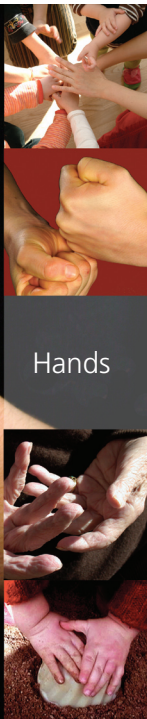
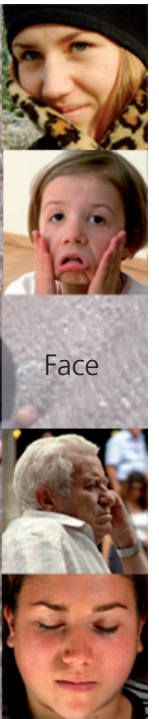


Fat



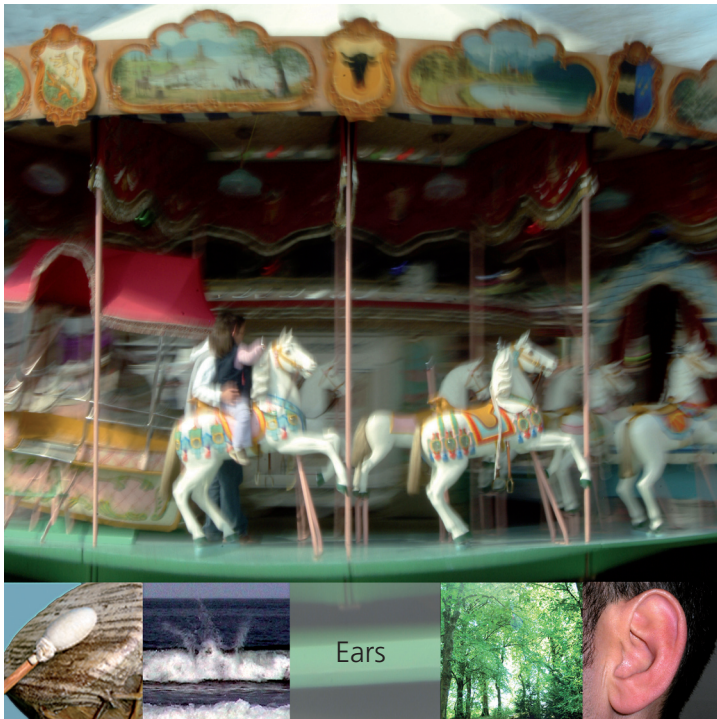
Feet





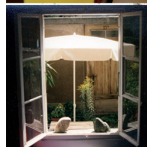
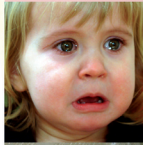


Non-reactivity

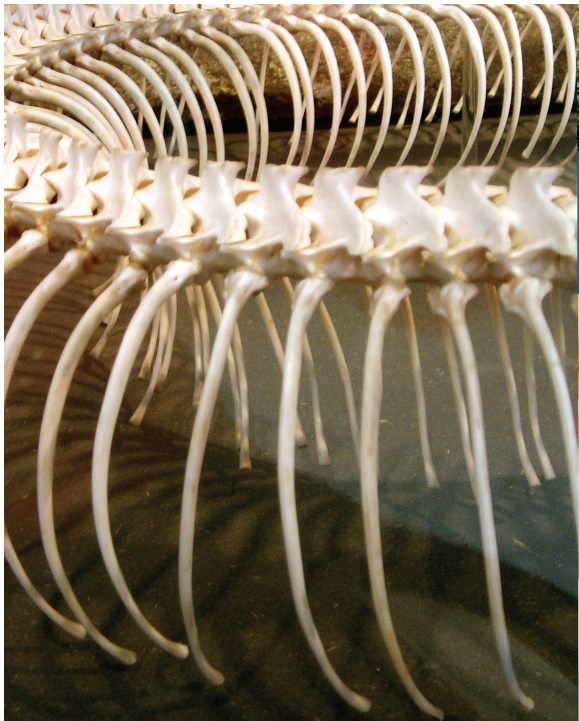




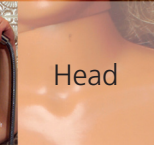
Heart



Taking Time



Bones
Joints



Head

